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### **Mason Jar Zucchini Noodle Salads - Inspiralized**

Full Disclosure: I'm Writing This Post At 10am. That's 10am, Today. Like, Now. Last Night, Lu And I Went Out To A Restaurant In Chelsea Called Toro. Fan-freaking-tastic. Holy Moly, If You Go, Make Sure You Order The Chickpea And Chorizo Stew With Stinging Nettles. I'm Still Licking My Chops ... Oct 12th, 2018

### **Avocado Basil Pesto Zucchini Noodles - Inspiralized**

Anytime I'm Looking For A Quick, Tasty And Healthy Lunch, I Make The Same Thing: Zucchini Noodles And Basil Pesto, Especially In The Summertime. I Top The Noodles With Chickpeas, Tomatoes, And Avocado. With Today's Version, The Pesto Already Has Avocado In It, So It Takes Even Less Prep Time And Makes For Such A Heart [...] Mar 17th, 2018

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### **28 Irresistible And Quick Zoodle (Zucchini Pasta) Recipes**

This Is An Awesome List Of Zoodle Recipes! Zucchini Noodles Never Get Boring Because There Are A Million Ways To Prepare Them. And The Best Part Is That They Fit Into Almost Every Diet - Vegan, Raw, Paleo, Low Carb, Gluten Free, Etc. Sep 8th, 2018

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### **21 Vegan Slow Cooker Recipes That Will Never Fail You ...**

Find The Recipe Here: Apron Strings 4. Vegan Slow Cooker Black Bean Soup. This Soup Is Simple, But It's Also Incredibly Filling And Nutritious. All You Do Is Chop The Ingredients And Throw Them In The Slow Cooker - Hours Later, You Feel Like An Amazing Chef. May 16th, 2018

### **Broccoli Rabe And Sausage Parsnip Spiralized Pasta ...**

I Made This Last Night, And I Was Nervous Because I Have Never Had Parsnips Before. (Thanks, Ali And Gina For Inspiring Me To Try These.) They Are Delicious, But Because The Broccoli Rabe Is Quite Bitter, And I Was Nervous About The Parsnips (and So Was My Husband) I Added In Some Spiralized Carrot For Some Sweetness. Apr 17th, 2018

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A Good Rule Of Thumb Is One Medium Zucchini Per Person, Since You Lose Some When You Cut Them And The Shrink A Bit When They Cook. To Cut Them, I Use My Spiralizer Or You Can Use A Mandolin Fitted With A Julienne Blade. If Using A Mandolin, Be Careful The Blades Are VERY Sharp. Oct 2th, 2018

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These Warm Chocolate Chip Cookie Stuffed Soft Pretzels Are Just Perfection! If You Ask Me, Perfection Is A Love Hate Word. I Struggle With Trying To Be As Perfect As I Can Be On A Daily Basis, Which Is Just Stupid Since I Am Far From Perfect. Sep 4th, 2018

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